Date: ______________

Moral distress occurs when you believe you know the ethically correct thing to do, but something or someone restricts your ability to pursue the right course of action.

Please circle the number (0-10) on the Moral Distress Thermometer that best describes how much moral distress you have been experiencing related to work in the past week including today.

If you plan on using the Moral Distress Thermometer for research purposes, please notify Dr. Lucia Wocial (lwocial@iuhealth.org)